



**Public Health**  
Prevent. Promote. Protect.

# Lake County General Health District

33 Mill St

Painesville, Ohio 44077

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[www.lcghd.org](http://www.lcghd.org)

Frank Kellogg, R.S., M.P.H., Health Commissioner

**FOR IMMEDIATE RELEASE**  
**September 20, 2012**

**CONTACT: Kathy Durchik, (440) 350-2420**  
**LAKE COUNTY GENERAL HEALTH DISTRICT**

## **DON'T GET THE SEASONAL FLU – GET VACCINATED!**

Lake County General Health District recommends that adults receive a yearly flu vaccination. Influenza vaccination is the best way to help protect against the flu. This year, the vaccination recommendations include Influenza High Dose vaccine as a choice for people 65 years of age and older. The Influenza High Dose vaccine was designed to address the fact that as adults grow older, the immune system weakens leaving them more vulnerable to severe disease when they get sick.

For adults aged 18-64 years, the Lake County General Health District will also be giving traditional influenza vaccine. The Health District encourages all adults to make sure they help protect themselves against seasonal flu this year by getting vaccinated.

As in the past, the Lake County General Health District will accept Medicare Part B and some Medicare Part C (Advantage Plans i.e. Humana & Aetna) for those who qualify. Otherwise, the cost of the Flu vaccine is **\$20.00**.

Adults 18 years of age and older should do the following:

- Check the Flu schedule below to see the Flu Clinic site location near you.
- Call and sign up for your Flu Shot at the Flu Clinic site you wish to attend.

DATE/TIME	LOCATION	CALL TO REGISTER
September 25 Tuesday 9:30 am – 11:00 am	EASTLAKE SENIOR CENTER 1580 E. 332 <sup>nd</sup> Street Eastlake	Eastlake Sr Ctr 975-4268
September 27 Thursday 9:30 am - 10:30 am	MADISON SENIOR CENTER 2938 Hubbard Road Madison	Madison Sr Ctr 428-6664
October 1 Monday 9:00 am – 10:30 am	FAIRPORT SENIOR CENTER 1380 East Street Fairport Harbor	Fairport Sr Ctr 354-3674
October 3 Wednesday 1:30 pm – 3:00 pm	KIRTLAND SENIOR CENTER 7900 Euclid-Chardon Road Kirtland	Kirtland Sr Ctr 256-4711
October 5 Friday 9:30 am – 10:30 am	CONCORD COMMUNITY CENTER 7671 Auburn Road Concord	Concord Ctr 639-4650
October 11 Thursday 1:30 pm – 3:00 pm	MENTOR SENIOR CENTER 8484 Munson Road Mentor	Mentor Sr Ctr 974-5725
October 23 Tuesday 1:30 pm – 2:30 pm	WILLOWICK SENIOR CENTER 321 E. 314 <sup>th</sup> Street Willowick	Willowick Sr Ctr 585-5112

DATE/TIME	LOCATION	CALL TO REGISTER
October 30 Tuesday 9:30 am – 10:30 am	PERRY SENIOR CENTER 2800 Perry Park Road Perry	Perry Sr Ctr      259-3772
November 6 Tuesday 9:30 am - 11:00 am	WICKLIFFE SENIOR CENTER 900 Worden Road Wickliffe	Wickliffe Sr Ctr      373-5015
November 7 Wednesday 1:00 pm – 3:00 pm	WILLOUGHBY SENIOR CENTER 38032 Brown Ave Willoughby	Willoughby Sr Ctr      951-2832
November 26 Monday 3:30 pm – 5:00 pm	LAKE CO GEN HEALTH DISTRICT 33 Mill Street Painesville	LCGHD                      350-2554

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